



## European Forum for Freedom in Education

*Europäisches Forum für Freiheit im Bildungswesen*

*Le Forum Européen pour la Liberté dans l'Éducation*

Brussels, 25<sup>th</sup> November 2010

### **Press Release: *effe* Colloquium “For a Healthy School; Sustainability and Responsibility in Education and Health Promotion”**

The **European Forum for Freedom in Education (effe)** hosted its 33rd annual Colloquium “*For a Healthy School; Sustainability and Responsibility in Education and Health Promotion*” from the 18<sup>th</sup>-20<sup>th</sup> November 2010. The colloquium took place at the University of Witten/Herdecke in Germany with the support of the GLS Treuhand Zukunftsstiftung.

A broad range of issues and best practise examples surrounding the issue of ‘Health in Schools’ were presented, discussed and explored during the three day conference through a series of lectures, speeches, workshops and discussion forums.

Anne Liekenbrock, the Director of *effe* and Ingo Krampen, the President of *effe* opened the conference and underlined the importance of a holistic approach when dealing with issues like education and health.

A highlight of the *effe* conference was the opening address from Sylvia Löhrmann, the Minister for Schools and Further Education and Deputy Prime Minister of North Rhine-Westphalia. And it was noted during the podium discussion which followed that there are few other issues which manage to bring together so many areas of policy and interested parties more so than health.

The Friday opened with a very engaging and thought-provoking lecture from Dr. Martin Straube on ‘*Education and Health from a Humanistic approach*’ followed by three speed lectures on the topic. Following these lectures participants had the opportunity to pursue an area of their interest in greater detail in a workshop. Topics included nutritional education, exercise and sport, conflict resolution, the Healthy Schools Programme in the U.K. and the dangers of, and health promotion using the internet. Here they could interact with those leading the workshops and other attendees.

The final day of the conference began with different Discussion Groups. The groups analysed some existing policies and initiatives, looked at the issue of sustainability by involving those in the local community and ways to increase participation in civic society.

The conference closed with a lecture from Christof Wiechert on ‘*Holistic Education and Sustainability for Health*’ before Eva Becker, President of *effe* presented some closing conclusions.

The European Forum for Freedom in Education is an NGO in the field of compulsory education. We see our organisation as a forum in which all current issues concerning education in Europe can be discussed.

#### **For further questions on the conference please contact:**

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**For further information on the *European Forum for Freedom in Education* please visit our website: [www.effe-eu.org](http://www.effe-eu.org)**